

# Volunteer Hours Log

**Student Name: HARPER SKAARE**

Students must complete 20 volunteer hours during the nursing program.  
(10 hours must be completed by the time the portfolio is submitted in semester 5)

DATE	Total number of hours	Description of the activity and how it impacted health of participants.	Evidence of participation (picture, artifact, picture of coordinator signature)
09/14/2025	3.0	Forever Jake – Bismarck/Mandan Out-of-the-Darkness Walk: Participating in the Out-of-the-Darkness Walk helped promote mental health awareness & suicide prevention. The event helped to reduce the stigma around mental health struggles & encourages those who are struggling to seek support & resources.	
03/09/2026-03/10/2026	10.5	NMDP Donor Registration Drive: Volunteering at the donor registry drive promoted health by increasing awareness about stem cell & bone marrow donation—by helping donors register & providing education about the importance of donation, I helped expand the NMDP donor registry. This helps ensure that patients with various blood cell conditions have the change to receive the life-saving treatment they need.	 <p data-bbox="1705 976 1875 1003">See attached</p>

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March 31, 2026

**RE: HARPER SKAARE | VOLUNTEER SERVICE HOURS**

Dear Harper,

Please accept this letter of gratitude for your service at this year's NMDP Donor Registry Drive held at Trinity Catholic Schools during the Region IV Boys Basketball Tournament. Your assistance as an event volunteer was of great help to us and we are hopeful that you will consider helping out again next year. To confirm, your volunteer work included: setting up for the event, working with the local broadcaster for the tournament to create a PSA that was used during the tournament, working the drive/registering donors, and tear down/clean up. For documentation purposes, please find following confirmation of the dates/times you worked:

- Monday, March 9, 2026 | 1:00 pm - 7:30 pm
- Tuesday, March 10, 2026 | 2:30 pm - 6:30 pm

I hope your studies at University of Mary continue to go well and that your upcoming NMDP Donor Registry Drive on campus is a success! Thank you for your commitment to this important cause! We are blessed by our friendship with the University and are grateful for their encouragement of volunteerism in our communities.

For your records, your service hours with us for the drive totaled 10.5 hours. **Thank you!**

Sincerely in Christ,



Marya J. Skaare  
President, Trinity Catholic Schools

